ROCKDALE COUNTY SCHOOL NUTRITION MIDDLE and HIGH SCHOOL BREAKFAST MENU School Year 2023-2024

Meal Prices: Students: \$1.30 Adults \$2.35

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NDAY				
Choice of Entrée:	Choice of Entrée:	Choice of Entrée:	Choice of Entrée:	Choice of Entrée:
Chicken or Sausage Biscuit	French Toast w/Sausage	BYO Grit Bowl with/	Chicken or Sausage Biscuit	Rockdale's Famous
or	or	Cheese Grits, Scrambled	or	Homemade Cinnamon
Fruit Parfait w/ Grahams	Fruit Smoothie w/	Eggs & Sausage Patty	Fruit Smoothie w/	Roll
or	Grahams	or	Grahams	or
Glazed Pull Apart	or	Fruit Smoothie w/ Grams	or	Chicken or Sausage Biscuit
	Chicken Biscuit	or	Cereal Bar w/Yogurt	or
And		Sausage Biscuit		Fruit Parfait w/Grahams
	And		And	
Choice of:		And		And
Fruit and/or Juice	Choice of:		Choice of:	
Milk	Fruit and/or Juice	Choice of:	Fruit and/or Juice	Choice of:
	Milk	Fruit and/or Juice	Milk	Fruit and/or Juice
		Milk		Milk

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MENU SUBJECT TO CHANGE WITHOUT NOTICE